



AA Southern National Convention



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with Al-Anon and Alateen participation

We are sure God wants us to be happy, joyous, and free. We cannot subscribe to the belief that this life is a vale of tears, though it once was just that for many of us. But it is clear that we made our own misery. God didn't do it. Avoid then, the deliberate manufacture of misery, but if trouble comes, cheerfully capitalise it as an opportunity to demonstrate His omnipotence.

(p 133, BB)

Happy, Joyous and Free

Helpline: 0800 9177 650
Email: help@aamail.org
www.alcoholics-anonymous.org.uk

General Service Office (GSO)
Alcoholics Anonymous
PO Box 1, 10 Toft Green,
York, YO1 7NJ
Tel: 01904 644026

30TH SEPT, 1ST & 2ND OCTOBER 2022

SOUTH OF ENGLAND EVENT CENTRE
ARDINGLY VILLAGE
WEST SUSSEX

WWW.AA-SNC.ORG.UK

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WELCOME ALL

Welcome to the Southern National Convention at our new venue. The convention is for AA, Al-Anon, Alateen members and friends of our fellowships to be together in fellowship and unity.

REGISTRATION

If you have registered online, please bring your ticket with you, either printed or on your phone. Once you have had your ticket scanned and you have your lanyard, please wear it all the time when on site.

CONVENTION INFORMATION

- To respect our anonymity no photographs, videos or sound recordings is permitted
- Dogs are permitted on site but only guide dogs are permitted in the buildings or in the meetings
- A selection of AA, Al-Anon and Alateen approved literature will be on sale
- Children under 16 **must** be accompanied by a parent or guardian or they must have a consent form naming the attending adult responsible for the minor, signed by the parent or guardian and either sent or given to the Al-Anon Convenor. Children are the responsibility of the accompanying adult
- Raffle tickets will be on sale
- Smoking/vaping is only permitted in designated areas



VENUE & ROOMS

The Norfolk Pavilion is divided into 5 rooms which have been allocated as follows:

KENILWORTH FARMERS ROOM

Registration, literature and raffle ticket sales for both AA and Al-Anon. There will be Archives and E-Comms information stands.

ARDINGLY ROOM

The Main AA meetings, shared platform meetings, sing-a-long and the disco.

LOWER QUEEN'S ROOM

AA Come & Go and Night Owl meetings

UPPER QUEEN'S ROOM

Al-Anon meetings

BALCOMBE ROOM

Cafe, Tea and Coffee and socialise area.

The Alateen meetings will be held in the **LINDFIELD SUITE** situated next to the Norfolk Pavilion

FRIDAY 30TH SEPTEMBER PROGRAMME

Time	Activity / Meeting(s)	Room
14:00 - 22:00	Registration	Kenilworth
16:30 - 18:00	AA Come & Go (Open)	Upper Queens
18:00 - 19:00	Al-Anon Come & Go (Closed)	Lower Queens
20:00 - 21:30	AA Shared Platform	Ardingly
22:00 - 00:00	Sing-a-long	Ardingly
22:00 - 00:00	AA Night Owls	Upper Queens



SATURDAY 1ST OCTOBER

Enjoy all the meetings, the AA Workshop and meeting up with friends old and new. Sign up for service or the choir. Add your sobriety years to the sobriety wall

Time	Activity / Meeting(s)	Room
09:00 - 20:00	Registration	Kenilworth
10:00 - 11:00	AA Open Meeting	Ardingly
10:00 - 11:00	AI-Anon Meeting	Lower Queens
12:00 - 13:30	AA Open Meeting	Ardingly
12:00 - 13:30	AI-Anon Shared Platform	Lower Queens
14:00 - 15:30	Alateen Closed Meeting	Lindfield
14:00 - 15:00	AA Open Meeting	Ardingly
15:30 - 17:00	AA Workshop	Upper Queens
16:00 - 17:30	AI-Anon with Adult/Child focus (Open)	Lower Queens
17:00 - 17:45	Choir practice	Ardingly
18:30 - 19:30	AA Come & Go Meeting	Upper Queens
20:00 - 00:00	Disco/Dance & Raffle	Ardingly
20:30 - 00:00	AA Night Owls Meeting	Upper Queens

FEEDBACK

As we have a new venue. We are keen to hear your views and any positive comments or suggestions. Please provide your feedback on this year's Convention on the 'Feedback page' on our website.



SUNDAY 2ND OCTOBER

Join us for the 'Old Timers' meeting, bring your voices to the 'Spiritual' meeting and celebrate your sobriety time at the countdown.

Time	Activity / Meeting(s)	Room
08:30 - 09:30	Registration	Kenilworth
09:30 - 10:30	AA 'Old Timers' Meeting	Ardingly
09:30 - 10:30	AI-Anon Open Meeting	Lower Queens
09:30 - 10:30	Alateen Closed Meeting	Lindfield
11:00 - 12:30	'Spiritual' Meeting	Ardingly
11:00 - 12:15	AA Open Meeting	Upper Queens
12:30 - 12.45	Sobriety Countdown	Ardingly

RESPONSIBILITY PLEDGE

"I am responsible. When anyone, anywhere, reaches out for help, I want the hand of AA always to be there. And for that: I am responsible."

DECLARATION OF UNITY

To place our common welfare first; To keep our fellowship united. For on A.A. unity depend our lives, and the lives of those to come.

SERENITY PRAYER

God grant me the Serenity to accept the things I cannot change, the Courage to change the things I can, and the Wisdom to know the difference.

A big **'Thank You'** to all those who volunteered and were in service. Have a safe journey home and we look forward to seeing you in 2023.



SONG 1 - YOU'VE GOT A FRIEND

When you're down and troubled
 And you need some lovin' care
 And nothin', nothin' is goin' right
 Close your eyes and think of me
 And soon I will be there
 To brighten up even your darkest night

Chorus

You just call out my name
 And you know, wherever I am
 I'll come runnin'
 To see you again
 Winter, spring, summer or fall
 All you have to do is call
 And I'll be there
 You've got a friend
 If the sky above you
 Grows dark and full of clouds
 And that old north wind begins to blow
 Keep your head together
 And call my name out loud
 Soon you'll hear me knockin' at your door

Chorus

Now, ain't it good to know that you've got a friend
 When people can be so cold?
 They'll hurt you, yes, and desert you
 And take your soul if you let them
 Oh, but don't you let them

Chorus

You've got a friend
 Ain't it good to know you've got a friend
 Ain't it good to know, ain't it good to know
 Ain't it good to know
 You've got a friend



SONG 2 - ONE DAY AT A TIME

One day at a time, sweet Jesus
 I'm only human
 I'm just a woman
 Help me believe in what I could be
 And all that I am
 Show me the stairway
 I have to climb
 Lord, for my sake, teach me to take
 One day at a time
 One day at a time, sweet Jesus
 That's all I'm askin' from You
 Just give me the strength to do every day
 What I have to do
 Yesterday's gone, sweet Jesus
 Tomorrow may never be mine
 Lord, help me today, show me the way
 One day at a time
 Do You remember
 When You walked among men
 Oh Jesus, You know, if You're lookin' below
 It's worse now than then
 Cheatin' and stealin'
 Violence and crime
 So for my sake, teach me to take
 One day at a time
 One day at a time, sweet Jesus
 That's all I'm askin' from You
 Just give me the strength to do every day
 What I have to do
 Yesterday's gone, sweet Jesus
 Tomorrow may never be mine
 Lord, help me today, show me the way
 One day at a time